

CLEANSE CREATION STEP 2: Generating Supplementary Chapters

With this prompt you'll be generating the supplementary chapters that add value to your 10-day cleanse. Here's the chapters you'll be creating: Introduction Chapter, Dealing With Side Effects Chapter, Benefits Of The Cleanse Chapter, What You Can Drink Besides Juice Chapter, Activities That Enhance The Cleanse Chapter, Supplements That Enhance The Cleanse Chapter, Safe Foods Chapter, Easing Out Of The Cleanse Chapter, After The Cleanse Chapter, Closing Chapter, FAQ

1. Start With "Prompt 2: Supplementary Chapters"

Copy "Prompt 2: Supplementary Chapters" to your clipboard and head over to the same A.I. tool you generated the 10-day cleanse in. You want to generate these supplementary chapters in the same window you generated the 10-day content in. You do this because AI will already be trained about your product from generating the 10-day content. You want that training to carry over to this content.

Prompt 2: Supplementary Chapters

PROMPT

Now we're going to create the supplementary chapters for the cleanse you just created. It's important that you tailor this content to the topic of the cleanse.

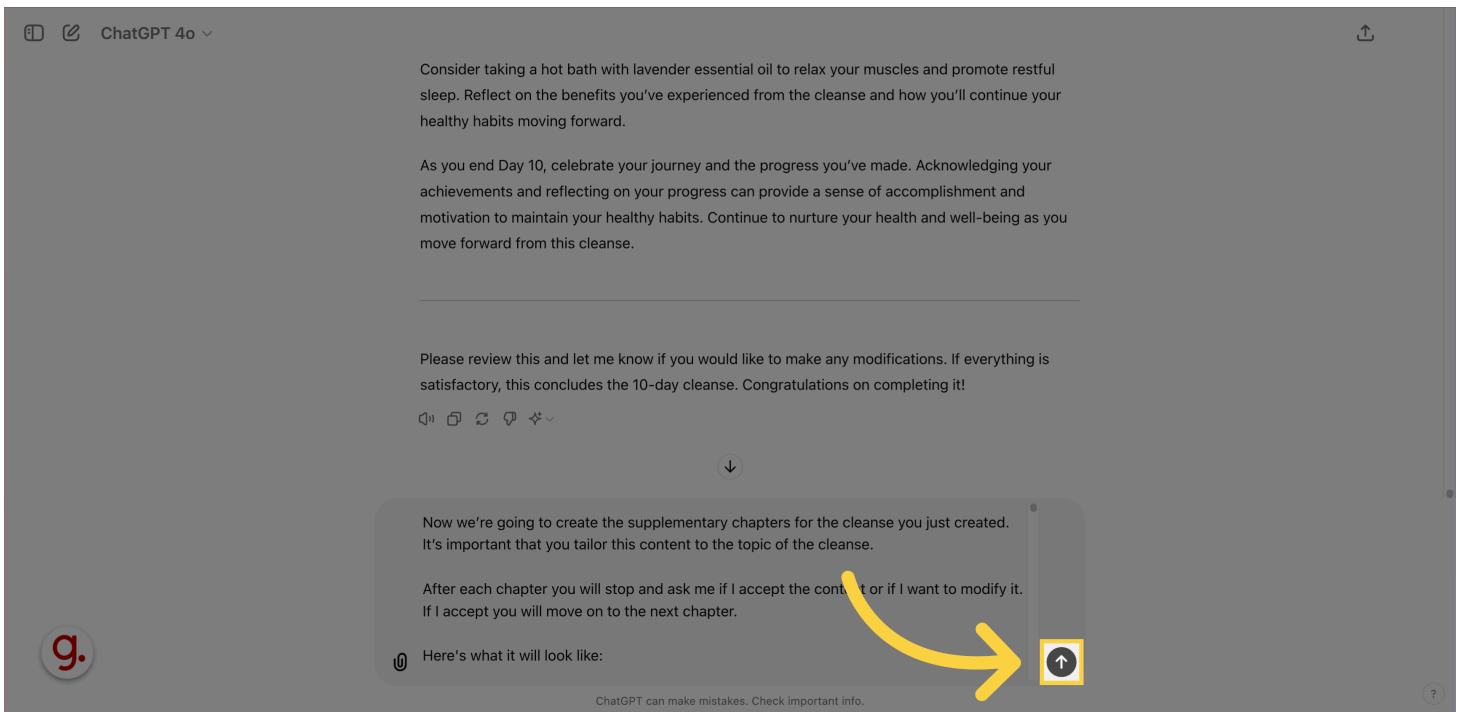
After each chapter you will stop and ask me if I accept the content or if I want to modify it. If I accept you will move on to the next chapter.

Here's what it will look like:

*You'll write the "Introduction Chapter" and stop to ask if I accept the content or if I want to modify

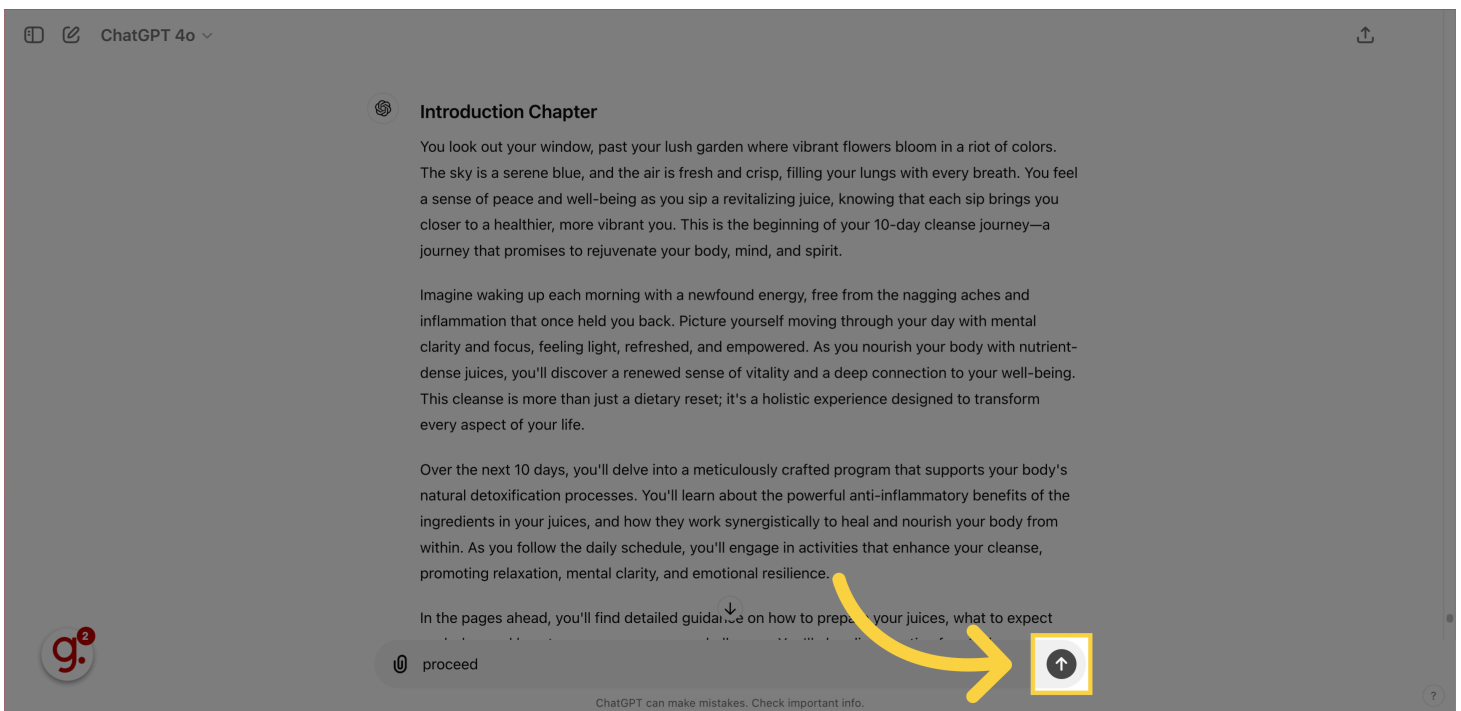
2. Paste "Prompt 2: Supplementary Chapters" in the same A.I. window you generated the juice instructions and 10-day cleanse in and run the prompt.

This prompt will generate the supplementary chapters to your 10-day cleanse. It will start with the "Introduction Chapter." At the end of each chapter you'll have the option to modify the content by typing your changes in the message box. A.I. will generate edited chapters agains and apply the changes. When you're happy with the content of the chapter type "proceed" to move to the next chapter.



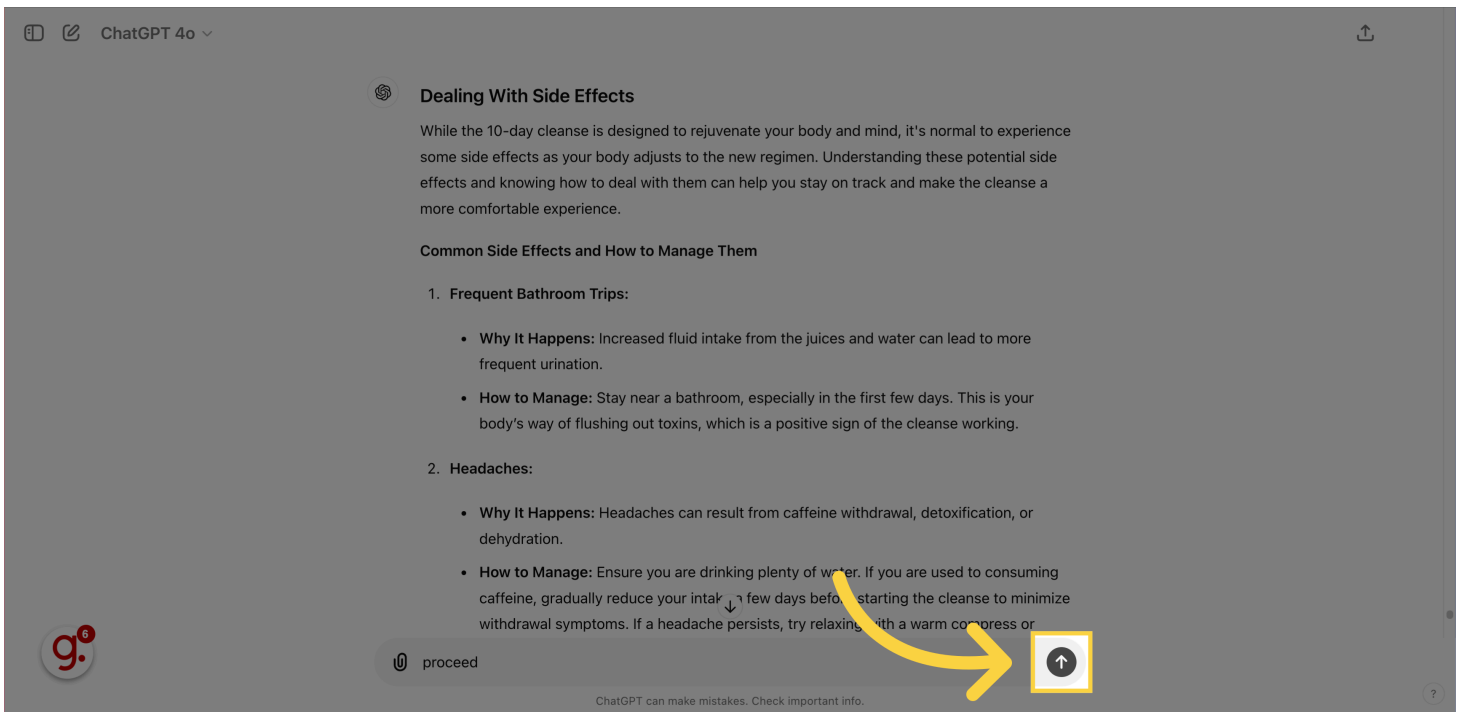
3. Introduction Chapter

The first chapter this prompt generates is the "Introduction" chapter. Makes sense, right? At the end of the chapter the prompt will give you the option to modify the content of this chapter by typing your changes in the message box. When you're ready to move on to the next chapter type "proceed."



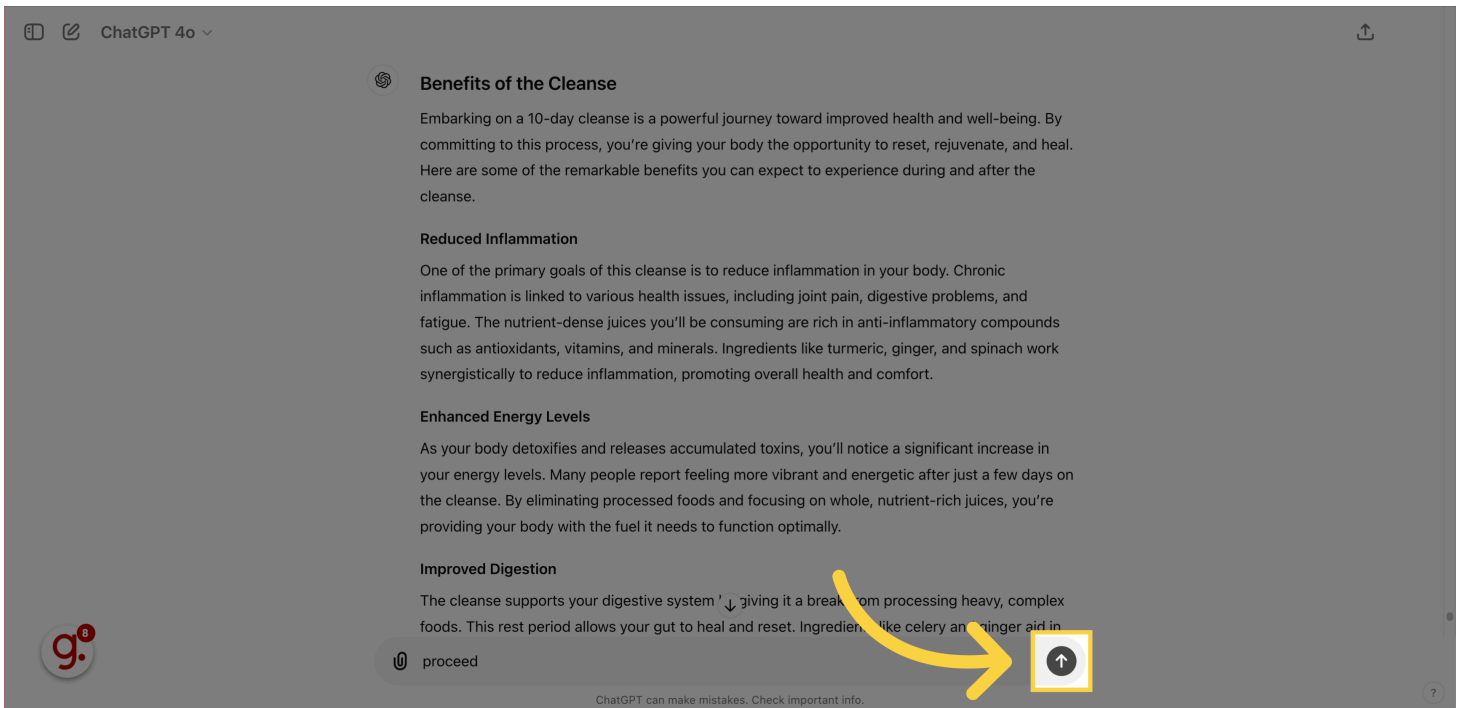
4. Dealing With Side Effects Chapter

Here's we talk about the side effects of your cleanse and how to mitigate them. You can modify the content if you like. Type "proceed" to move onto the next chapter.



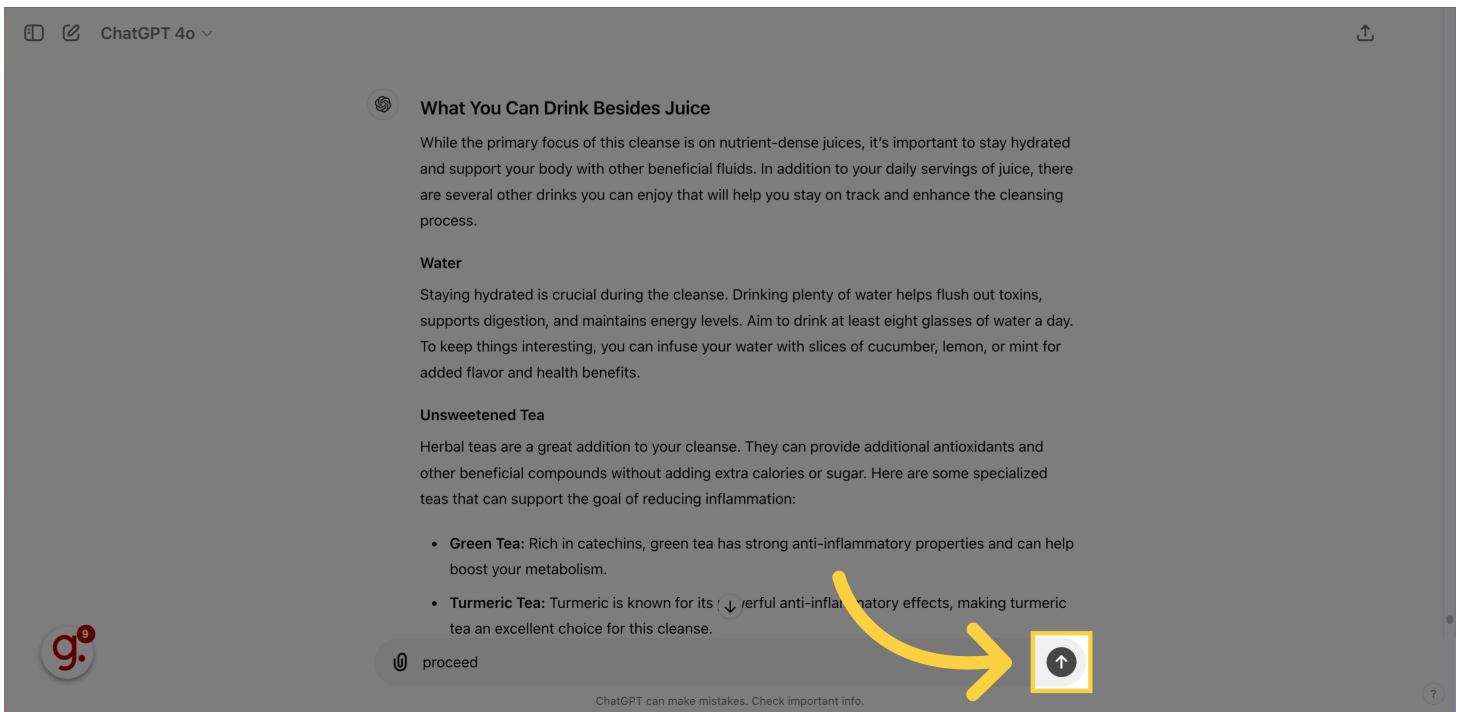
5. Benefits Of The Cleanse Chapter

This chapter shares the benefits your customers will enjoy by doing the cleanse. As always, you'll have the option to modify the content if you choose. Type "proceed" to continue to the next chapter.



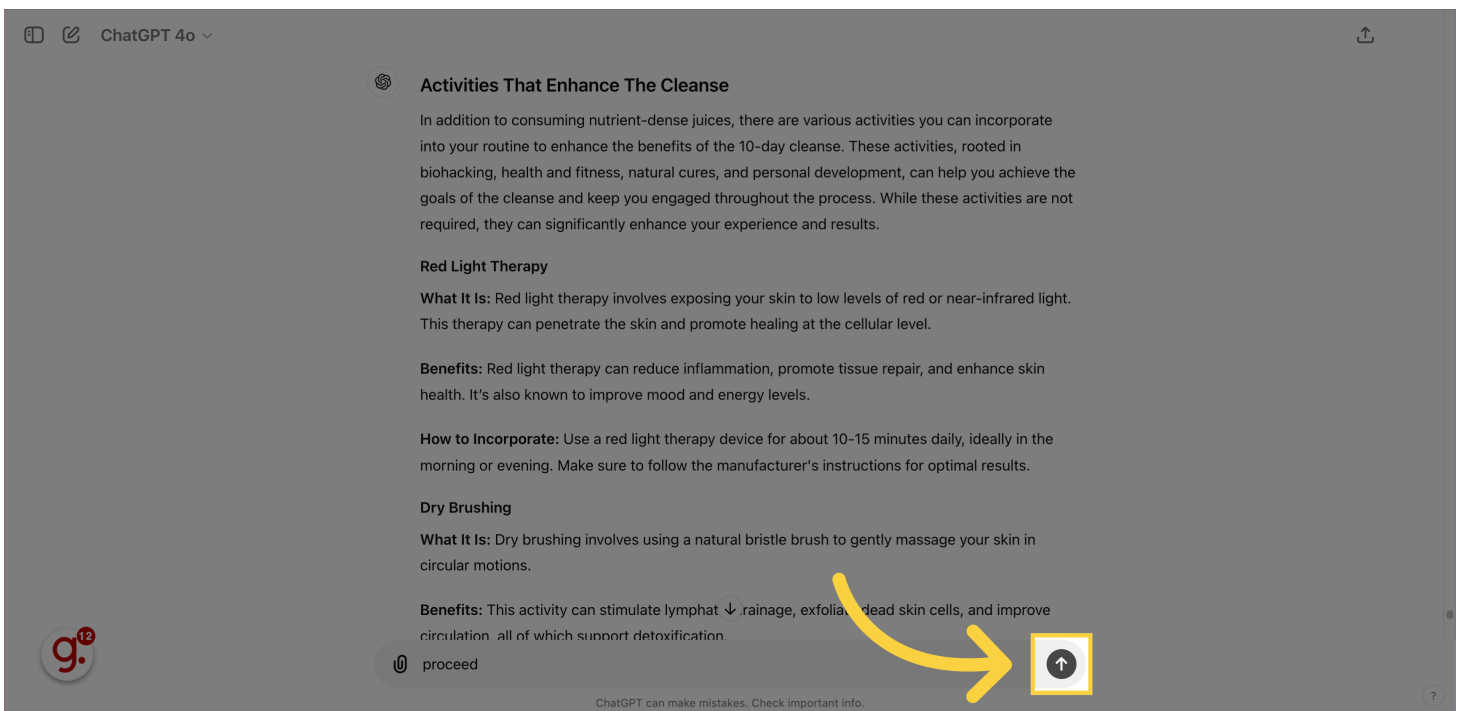
6. What You Can Drink Besides Juice Chapter

The chapter reveals what you're customers can drink besides the juice when they're on the cleanse. You can modify this content if you see something that needs fixing. Type "proceed" to move onto the next chapter.



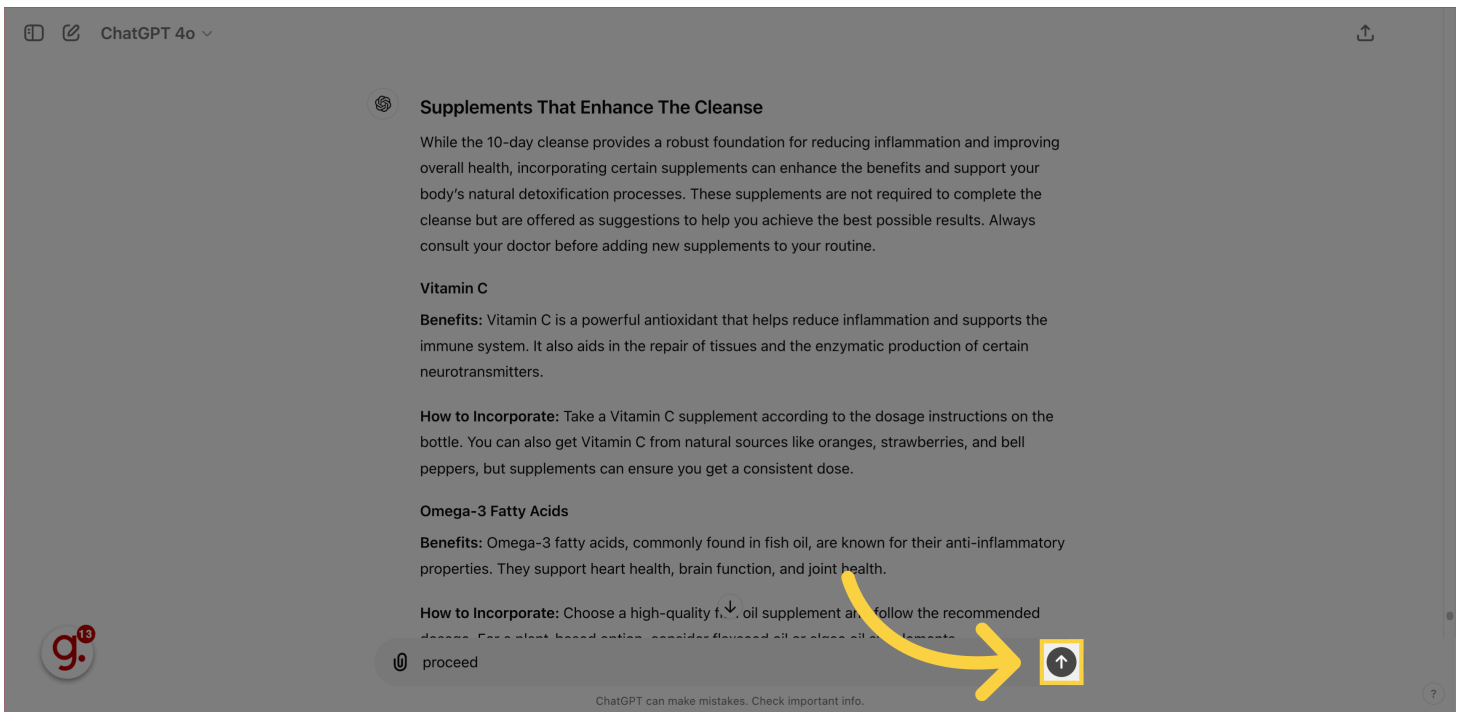
7. Activities That Enhance The Cleanse Chapter

This chapter provides some optional activities your customers can do while on the cleanse. These activities are tailored to your cleanse. If you'd like to add or remove any activities you can tell A.I. how you want to modify the content and it will apply your changes to this chapter. When you're ready to move on type "proceed."



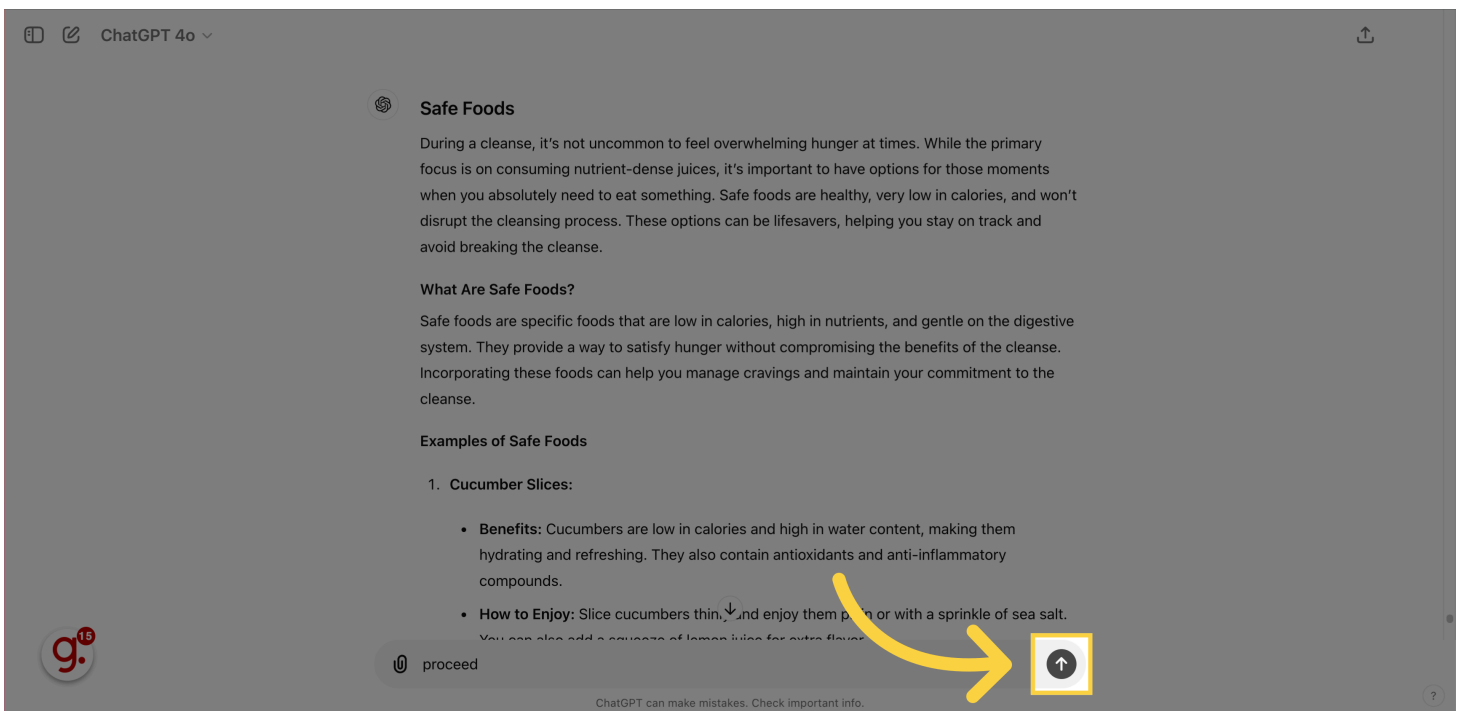
8. Supplements That Enhance The Cleanse Chapter

This chapter lists some optional supplements that will enhance the cleanse. These supplements are tailored to your specific cleanse. If you'd like to add or remove any supplements you can tell A.I. what supplements you'd like to add or remove and it will apply your changes to this chapter. When you're ready to move on type "proceed."



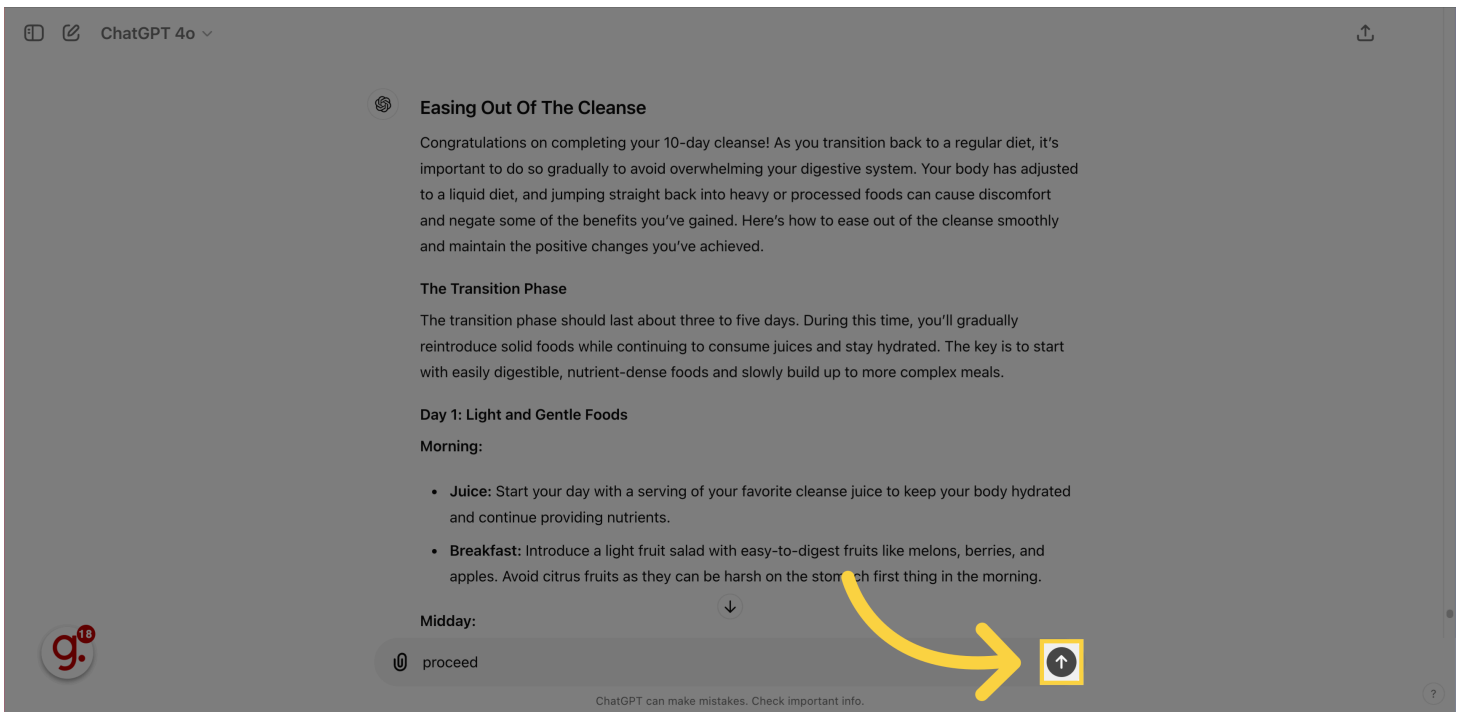
9. Safe Foods Chapter

This chapter is a life saver for your customers because hunger is the number 1 reason people give up the cleanse. Adding a safe foods chapter to my cleanse info-products gave me a significant boost in conversions. You can modify the chapter if you like. Type "proceed" when you're ready to continue.



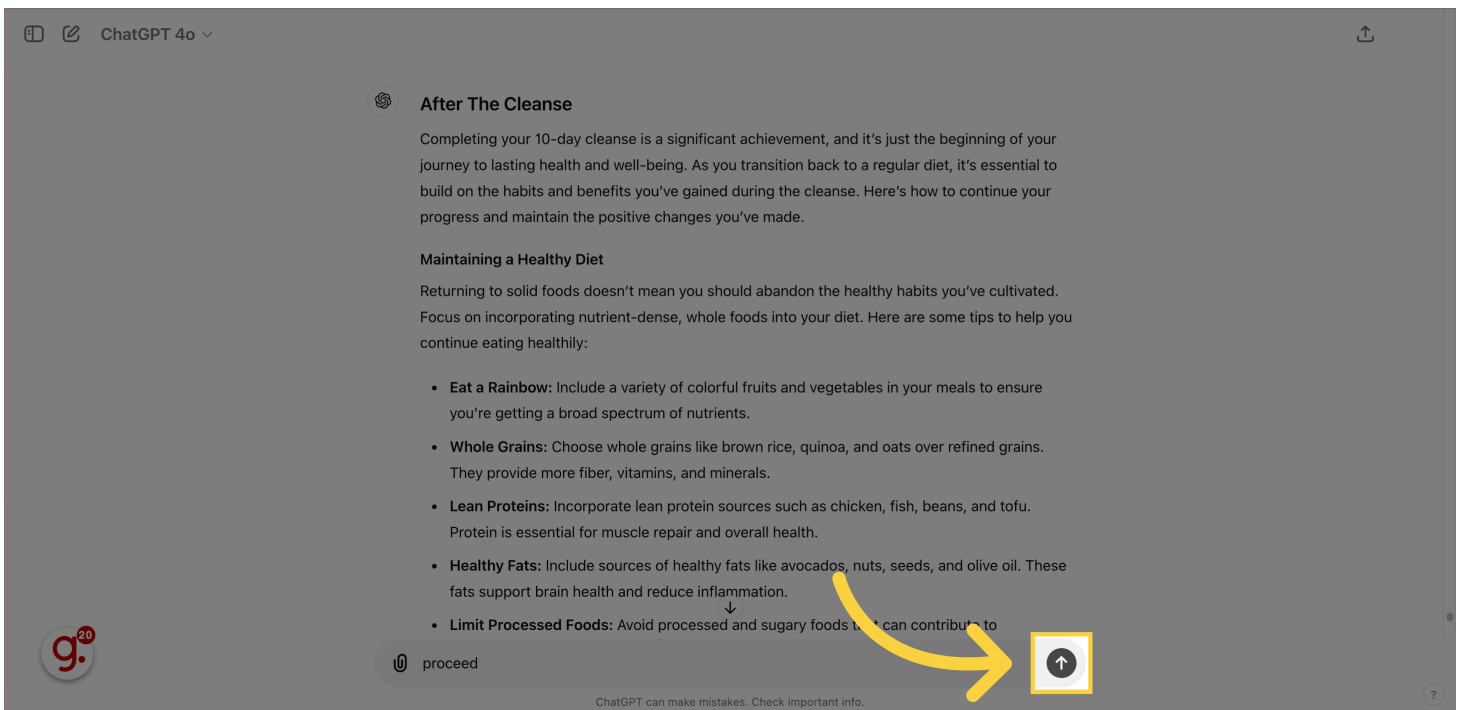
10. Easing Out Of The Cleanse Chapter

After a 10-day juice cleanse your customer's stomachs will be tender. This chapter helps people ease out of the cleanse by slowing transitioning back to whole foods. You know the deal, you can modify the chapter if you like. Type "proceed" to move to the next chapter.



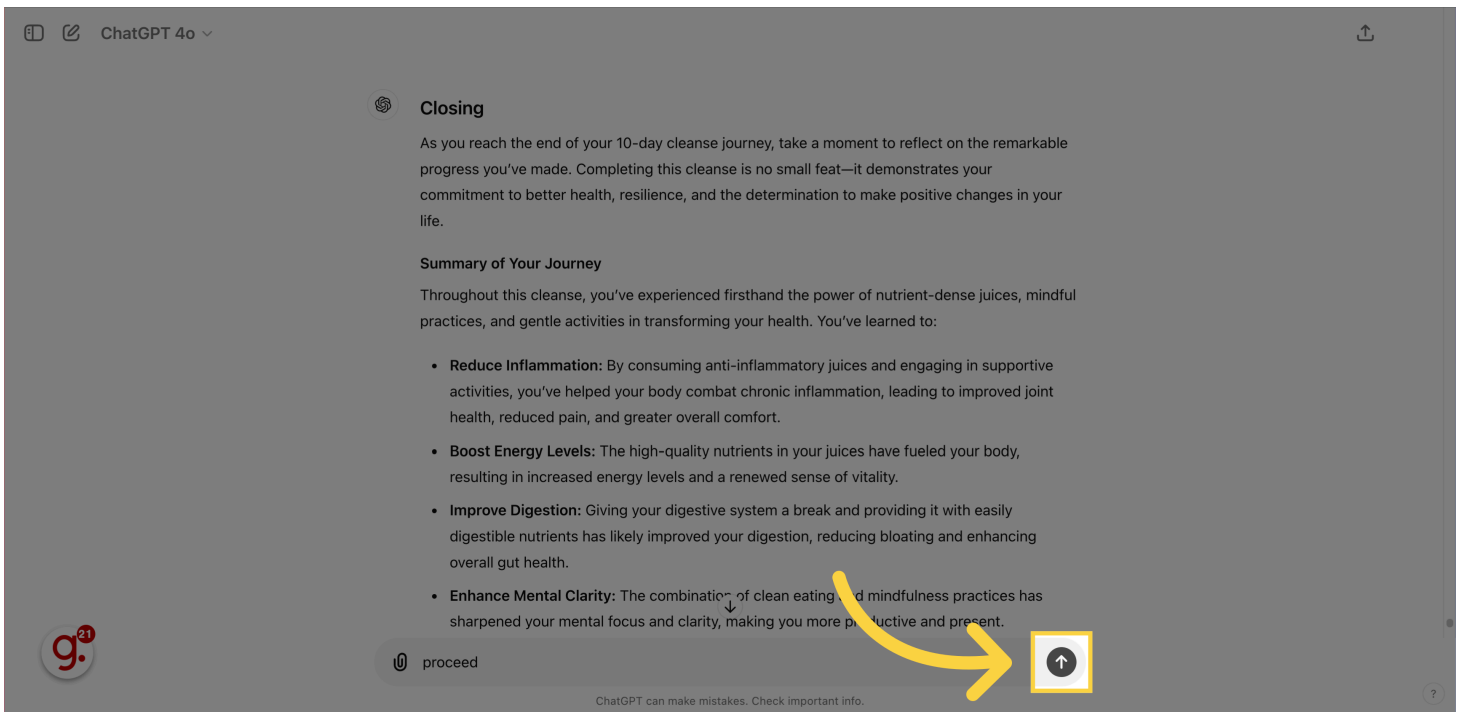
11. After The Cleanse Chapter

This chapter gives the reader tips on what to do after the cleanse to continue enjoying the benefits the cleanse delivered. As always, you can modify the content if you want. Type "proceed" to continue.



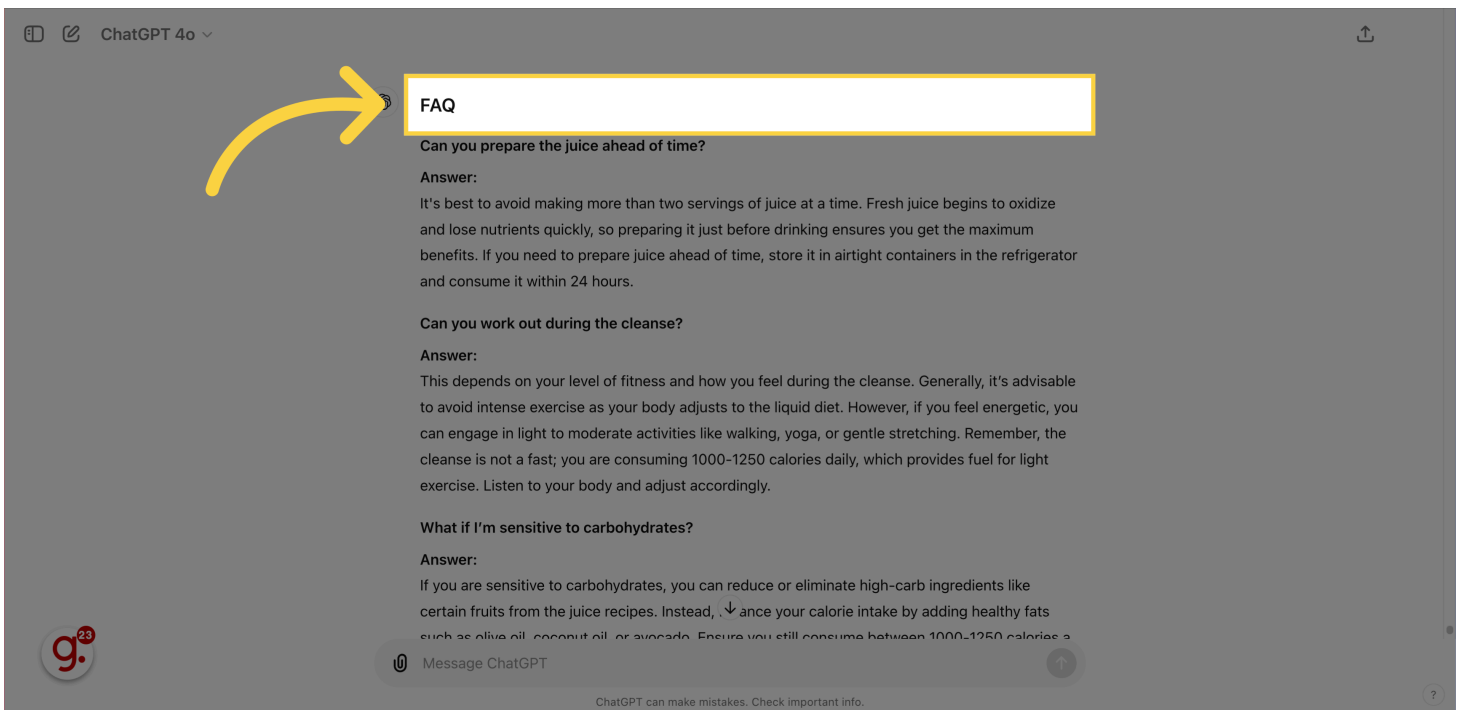
12. Closing Chapter

This closing chapter wraps up the cleanse. And you guessed it, you have the option to modify the chapter if you like. Type "proceed" to move onto the last piece of content.



13. FAQ - LAST CHAPTER!

Here you'll add some frequently asked questions to wrap up your book. If there's some questions that are specific to your cleanse you can enter them in the message box and add them to the FAQ. This is the final piece of content you'll need for your cleanse.



14. How To Organize Your Content

Now you've got all the content for your finished cleansing info-product. Next you'll move everything you've created with the two prompts into a Word doc like MS Word or Google Docs. The "About The Juice Chapter + 10 Day Cleanse" was created with the first prompt. Everything else was generated with the second, supplementary chapter prompt. Structure the content in the following order:

When you arrange all this content into a document, here's the order it should go it:

- Introduction Chapter
- Dealing With Side Effects Chapter
- Benefits Of The Cleanse Chapter
- What You Can Drink Besides Juice Chapter
- Activities That Enhance The Cleanse Chapter
- Supplements That Enhance The Cleanse Chapter
- Safe Foods Chapter
- **About The Juice Chapter + 10-Day Cleanse**
- Easing Out Of The Cleanse Chapter
- After The Cleanse Chapter
- Closing Chapter
- FAQ

This guide covered the process of generating supplementary chapters for a 10-day cleanse info-product using A.I. and a custom prompt.

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